



# NCC Pediatrics Continuity Clinic Curriculum: Continuity Clinic Jeopardy *Faculty Guide*

## **Goals & Objectives:**

- Highlight key concepts from 34 of the modules from the last academic year.
- Promote friendly competition amongst NCC Peds Residents and Staff.
- Win.

## **Pre-Meeting Preparation:**

- Complete Continuity Patient Handoff:
  - PGY3s and departing Navy PGY1s should ensure that their handoff lists are sent to Matt and that actual handoff to current or incoming residents has been completed.
  - All other residents should ensure that their continuity panel worksheet is updated. Any newly empanelled patients may be sent to Ms. Joi Bowling.

## **Conference Agenda:**

- Play [Continuity Clinic Jeopardy](#) (*directions on slide 1*)
  - *Answer key on following pages for Faculty reference.*
- Finish Continuity Patient Handoff



## Continuity Clinic Jeopardy

### **Who's Yo' PCM** (*Immunizations, Health Maintenance, Dental, Injury Prevention*)

**1a.**

A: Induration size consistent with a positive tuberculin skin test in a child < 4 years of age.

Q: What is 10mm?

**2a.**

A: Number of PCV13 shots an otherwise healthy, though unimmunized 24 month-old child should receive.

Q: What is 1?

**3a.**

A: Type of restraint recommended by the AAP for children whose weight and height is above the forward-facing limit for their car seat, but are still < 4 feet 9 inches.

Q: What is a belt-positioning booster seat?

**4a.**

A: Tympanogram Picture

Q: What is a Type B Tympanogram? (due to no measurable middle ear pressure or static compliance; e.g. middle-ear effusion, perforation, cholesteatoma.)

**5a.**

A: Dose of fluoride supplement for 12mo if community water contains >0.6ppm fluoride.

Q: What is NO fluoride supplement indicated (0 mg/day)

### **My How You've Grown** (*Health Maintenance, Nutrition, NICU*)

**1b.**

Q: Number of IU of Vitamin D a breastfed baby needs in 24hrs and the equivalent amount of formula.

A: What is 400 IU Vitamin D/day and 32oz formula/day?

**2b.**

A: In a healthy infant, birthweight can be expected to double, triple, and quadruple at these intervals, respectively.

Q: What are 4 months, 1 year, 2 years?

**3b.**

A: Vitamin B12, folate, omega-3-fatty acids.

Q: What are the most common nutritional deficiencies in vegetarians?

**4b.**

A: Recommended laboratory evaluation for children with BMI 85-94<sup>th</sup> %ile with family history of hyperlipidemia.

Q: What are fasting lipids, ALT/AST, Hgb A1c, and fasting glucose?

**5b.**

A: Specific NICU discharge formula, selected to promote healthy bone growth.

Q: What is 22kcal Neosure/Enfacare? (contains extra calcium and phosphorus)

**Born This Way** (*Behavior & Development*)

**1c.**

A: 1 minute per year of age.

Q: What is the recommended duration of time-out?

**2c.**

A: Deficits in sociability, with normal intellectual abilities and no speech or language delays.

Q: What is Asperger's Syndrome. (Per DSM-V, no longer separate diagnosis; now just ASD)

**3c.**

A: Age of appearance (picture of parachute reaction)

Q: What is 5-6 months? (then persists)

**4c.**

A: Requires public schools to provide persons with disabilities an opportunity to be fully integrated into the mainstream.

Q: What is Section 504 of the Rehabilitation Act?

**5c.**

A: Difference between aptitude (e.g. measured by the WISC IV) and achievement (e.g. measured by the WJIII), needed to define a specific learning disability.

Q: What is  $>$  or  $= 1.5$  SD?

**PK-U Do It** (*Adolescent Medicine, Knee & Ankle Pain, Sports Physical*)

**1d.**

A: Most common cause of hyperandrogenic chronic anovulation.

Q: What is PCOS?

**2d.**

A: Ceftriaxone 250mg IM x1 + Azithromycin 1g PO x1

Q: What is the CDC 2010 recommended treatment for uncomplicated GC infections of cervix, urethra, and rectum?

**3d.**

A: Hypercoagulability disorders, diabetes mellitus with complications, complicated congenital heart disease, migraine with focal neurologic deficits.

Q: What are absolute (WHO Category 4) contraindications to OCPs?

**4d.**

A: (picture of Q-angle) A Q-angle  $> 15$  deg can cause the patella to sublux laterally during quadriceps contraction, leading to this condition.

Q: What is patella-femoral syndrome (PFS)? (maltracking of the patella  $\rightarrow$  anterior knee pain)

**5d.**

A: (picture of long QT syndrome). Permission to participate in sports with this condition.

Q: What is a "qualified yes"?

**Potty Time** (*Behavior, Constipation, Diabetes, Choosing Wisely, Operational Med*)

**1e.**

A: Most experts recommend that toilet training start after this age.

Q: What is 18 months?

**2e.**

A: Absence of stool in the rectal vault in an infant with a history of constipation.

Q: What is a physical exam finding in a patient with Hirschsprung's Disease?

**3e.**

A: "Avoid the use of surveillance cultures for the screening and treatment of asymptomatic bacteriuria"

Q: What is one of the AAP "Choosing Wisely" Recommendations? (#9)

**4e.**

A: Age at which enuresis needs to resolve in order to enlist or be commissioned in the Army.

Q: What is 13? (per AR 40-501, Chapter 2)

**5e.**

A: Numerical rules used for medication management of patients who present initially with polyuria, polydipsia, and polyphagia.

Q: What is "450 rule" (450 or 500 div by total daily insulin = insulin: carbohydrate ratio) and the "1800 rule" (1800 div by total daily insulin = correction for BG points above target, usually 150)?

**Above the Belt(way)** (*Dental Injury, AOM, Pharyngitis, Asthma, Pneumonia*)

**1f.**

A: Subluxation Picture— Recommended treatment for this condition.

Q: What is soft diet x2 weeks, dental follow-up, and monitoring for pulp necrosis? (Picture is of subluxation: injury to the supporting structures of the tooth, with loosening but no displacement.)

**2f.**

A: Picture of OME— Diagnosis.

Q: What is otitis media with effusion? (amber, semi-opaque, mildly retracted)

**3f.**

A: 1<sup>st</sup> generation cephalosporin for 10d; Clindamycin for 10d; Azithromycin for 5d.

Q: What is the IDSA recommended treatment of GAS in penicillin-allergic individuals?

**4f.**

A: Recommended treatment for 6 yo asthmatic with FEV1 of 60-80%.

Q: What is low-dose ICS + LABA *or* medium-dose ICS? (FEV1 60-80% = moderate/Step 3)

**5f.**

Q: Chest CT showing lobar consolidation in RLL/RML with empyema—Most likely organism.

A: What is *S. pneumoniae*?

(3 most common organisms in empyema are *S. pneumoniae*, *Staph aureus*, and *haemophilus influenzae*)

**Final Jeopardy: Continuity Potpourri**

A: Sum of the following:

(A) Number of FTU's for the face and neck of a 6-10yo child = 2

(B) Number of abnormal BP readings to diagnosis HTN = 3

(C) Number of active USAF aeromedical evacuation squadrons = 4

(D) Number of HPI elements needed to get a 99214 E&M code = 4

Q: What is  $2 + 3 + 4 + 4 = 13$ ?

**Thanks for playing!**